

Psychology (B.S.) Pre-Health Professions Track

2025-2026 Academic Catalog, Bachelor of Science – Psychology, Pre-Health Professions Track

Academic Core for B.S.

47 Hours

CHRISTIAN STUDIES		6
CSBS 1311	Engaging the Old Testament	3
CSBS 1312	Engaging the New Testament	3

ENGLISH		9
ENGL 1321	Rhetoric & Composition I	3
ENGL 1322	Rhetoric & Composition II	3
ENGL	Literature	3

A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.

EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES		2
EXAC	Activity Course	1
EXAC	Activity Course	1

FINE ARTS – SELECT ONE		3
ARTS 1310	Drawing I	3
ARTS 1320	Design	3
ARTS 1350	Art Appreciation	3
ARTS 2360	Ceramics I	3
COMM 2335	Film Appreciation	3
FINA 2330	Exploring the Fine Arts	3
MUSI 1340	Music Appreciation	3
THEA 2350	Theatre Appreciation	3

WORLD CULTURES – SELECT ONE		3
ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
GLBL 2310	Cultural Immersion	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
HIST 2350	An Introduction to the Politics and Culture of Ancient Greece and Rome	3
HUMA 2355	Foundations of the Humanities	3
MUSI 2358	World Music	3
PHIL 2315	Introduction to Philosophy	3

LAB SCIENCE		8
BIOL 1150	Biology for Science Majors I Lab	1
BIOL 1350	Biology for Science Majors I	3
BIOL 1160	Biology for Science Majors II Lab	1
BIOL 1360	Biology for Science Majors II	3

PUBLIC SPEAKING		3
COMM 1320	Public Speaking	3

MATHEMATICS		3
MATH 1306	College Algebra	3

RESEARCH METHODS OR INTERNSHIP		3
PSYC 2314	Research Methods for the Social Science	3

SOCIAL SCIENCE		3
SOCI 1311	Introduction to Sociology	3

US HISTORY OR US GOVERNMENT – SELECT ONE		3
HIST 2311	American History to 1877	3
HIST 2312	American History since 1877	3
POLS 2305	United States Government	3
POLS 2306	Texas State and Local Government	3

FRESHMAN SEMINAR		1
UMHB 1101	Freshman Seminar	1

CHAPEL – 1 to 4 credits		
UMHB 1002	Chapel	

Fine Arts Experience – 2 to 8 credits		
UMHB 1005	Fine Arts Experience	

Psychology

49 Hours

B.S. PSYCHOLOGY MAJOR REQUIRED COURSES		33
PSYC 1301	General Psychology	3
PSYC 2101	Professions in Psychology	1
PSYC 2201	Psychological Writing	2
PSYC 2314	Research Methods for the Social Science	-
PSYC 2331	Intro to Neuroscience	3
PSYC 3312	Experimental Psychology	3
PSYC 4090	Senior Evaluation	0
PSYC 4323	History and Systems of Psychology	3
PSYC	Upper Level Psychology Electives	6

The hours for PSYC 2314 are already accounted for in the Academic Core.

Select one:		
MATH 2303	Statistics	3
PSYC 2316	Statistics for the Social Sciences	3

PRE-HEALTH PROFESSIONS TRACK

Select one:		
PSYC 2311	Developmental Psychology	3
PSYC 3316	Child & Adolescent Psychology	3
Select one:		
PSYC 3315	Abnormal Psychology	3
PSYC 3317	Child and Adolescent Psychopathology	3
Select one:		
PSYC 4311	Behavioral Theory	3
PSYC 4312	Personality Theory	3
PSYC 4320	Counseling Theory	3

REQUIRED SUPPORT COURSES		16
BIOL 3410	Genetics with Lab	4
CHEM 1410	General Chemistry I	4
CHEM 1420	General Chemistry II	4
CHEM 3410	Organic Chemistry I	4

A grade of "C" or better is required in all psychology courses counting toward the major.

Electives

24 Hours

UPPER LEVEL ELECTIVES		10
You need 10 additional hours to reach your 36 UL required hrs.		

ELECTIVES		14
You need 14 additional hours to reach your 120 required hrs.		

Total Hours

Academic Core for B.S.	47
B.S. Psychology Major Required Courses	33
Required Support Courses	16
Upper Level Elective	10
Electives	14
Total hours required for graduation	120

Additional Graduation Requirements

Minimum Upper Level hours	36
Minimum hours taken at UMHB	30
Minimum Upper Level hours taken at UMHB	24
Minimum cumulative GPA	2.0

Psychology (B.S.) – Pre-Health Professions Track

2025-2026 Academic Catalog, Bachelor of Science – Psychology, Pre-Health Professions Track – DEGREE SEQUENCE

FRESHMAN FALL 17 Hours

ENGL 1321	Rhetoric & Composition I	3
PSYC 1301	General Psychology	3
UMHB 1101	First Year Seminar	1
COMM 1320	Public Speaking	3
MATH 1306	College Algebra	3
CHEM 1410	General Chemistry I	4
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

FRESHMAN SPRING 16 Hours

CSBS 1311	Engaging the Old Testament	3
SOCI 1311	Introduction to Sociology	3
BIOL 1150	Biology for Science Majors I Lab	1
BIOL 1350	Biology for Science Majors I	3
ENGL 1322	Rhetoric & Composition II	3
	Fine Arts	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

SOPHOMORE FALL 14 Hours

PSYC 2331	Intro to Neuroscience	3
PSYC 2314	Research Methods for Social Sciences	3
	PSYC 2311 or PSYC 3316	3
BIOL 1160	Biology for Science Majors II Lab	1
BIOL 1360	Biology for Science Majors II	3
EXAC	Activity Course	1
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

SOPHOMORE SPRING 16 Hours

CSBS 1312	Engaging the New Testament	3
	PSYC 3315 or PSYC 3317	3
PSYC 2101	Professions in Psychology	1
PSYC 2202	Psychological Writing	2
	PSYC 2316 or MATH 2303	3
CHEM 1420	General Chemistry II	4
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

JUNIOR FALL 16 Hours

ENGL	Literature	3
	Elective	3
	PSYC Theory choice (4311, 4312, 4320)	3
	Elective	3
CHEM 3410	Organic Chemistry I	4
UMHB 1005	Fine Arts Experience	0

JUNIOR SPRING 14 Hours

	World Cultures	3
BIOL 3410	Genetics with Lab	4
PSYC 3312	Experimental Psychology	3
PSYC	Psyc Upper Level Elective	3
EXAC	Activity Course	1
UMHB 1005	Fine Arts Experience	0

SENIOR FALL 15 Hours

PSYC	Psyc Upper Level Elective	3
	Elective	3
	Elective	3
	Elective	2
	Upper Level Elective	4
UMHB 1005	Fine Arts Experience	0

SENIOR SPRING 12 Hours

PSYC 4090	Senior Evaluation	0
PSYC 4323	History & Systems	3
	US History or US Government	3
	Upper Level Elective	3
	Upper Level Elective	3
UMHB 1005	Fine Arts Experience	0

Total Credit Hours: 120